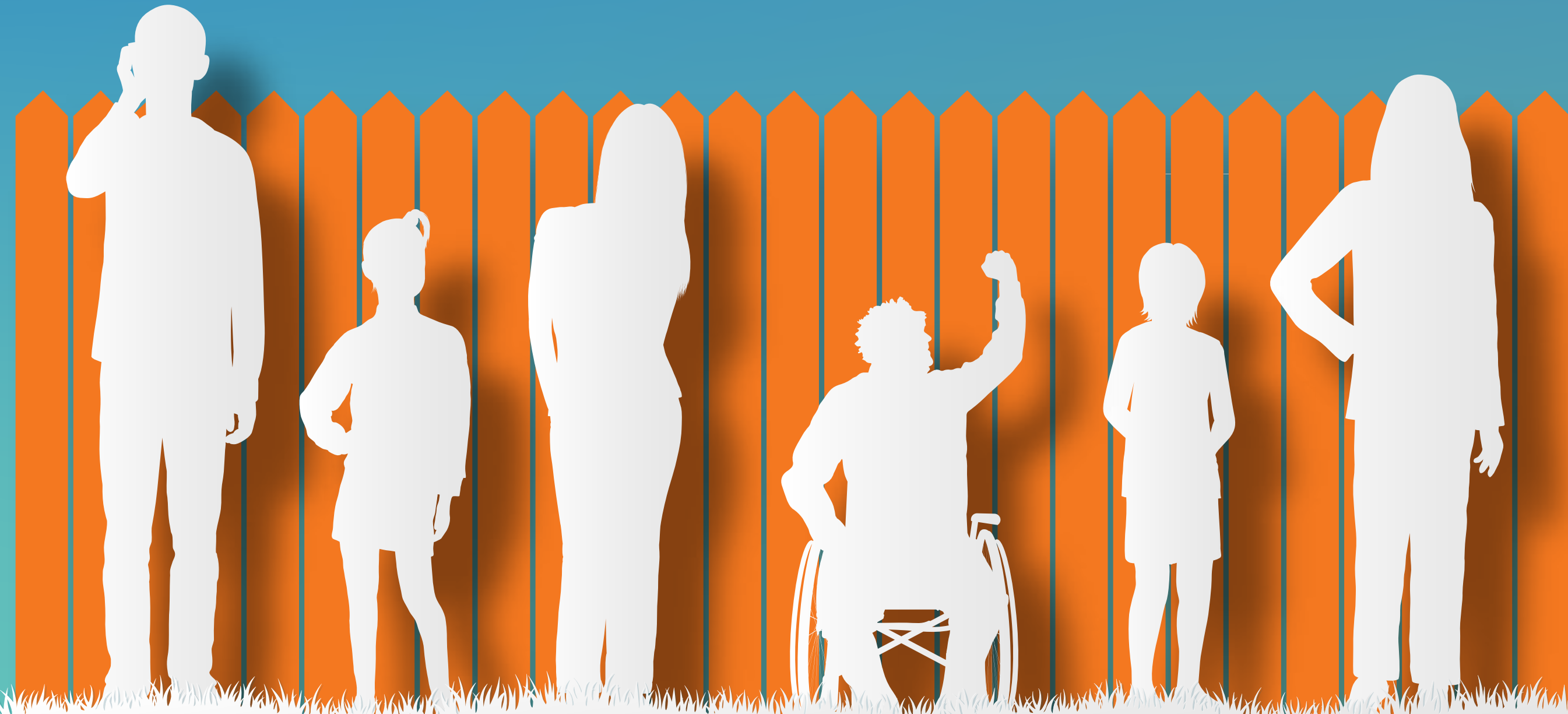


Social Determinants of Health, Health Disparities and Health Equity

Learn how factors in the environment affect people's health and contribute to health disparities



Health is influenced by many factors, including:



Genetics



Environmental and physical influences



Behavior



Medical care



Social determinants of health

SDoH have a major impact on people's health, well-being and quality of life. Examples of SDoH include:



Economic stability

job opportunities and income



Education

access to early childhood education, higher education and vocational training



Neighborhood and physical environment

safe housing, transportation, physical activity opportunities and walkable neighborhoods



Food

access to healthy food options



Community and social context

support systems, communities free of discrimination and racism



Healthcare system

health coverage, provider availability, health information and services that are culturally relevant, and quality of care

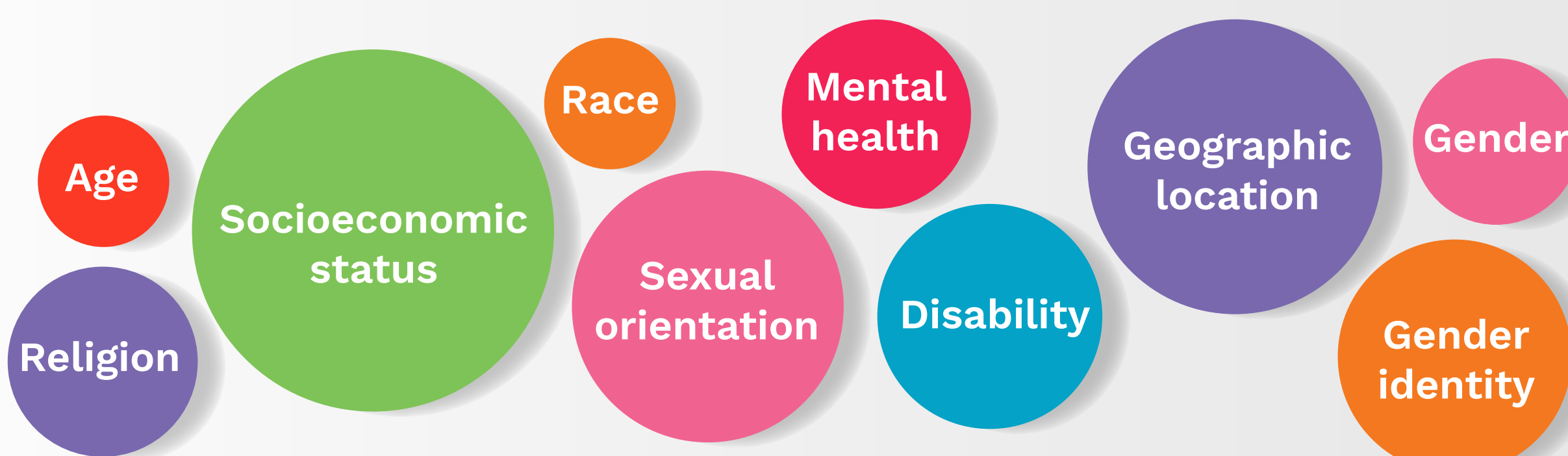
What are social determinants of health (SDoH)?

The conditions in the environments where people are born, live, learn, work, play and pray.

SDoH contribute to health disparities.

What Are Health Disparities?

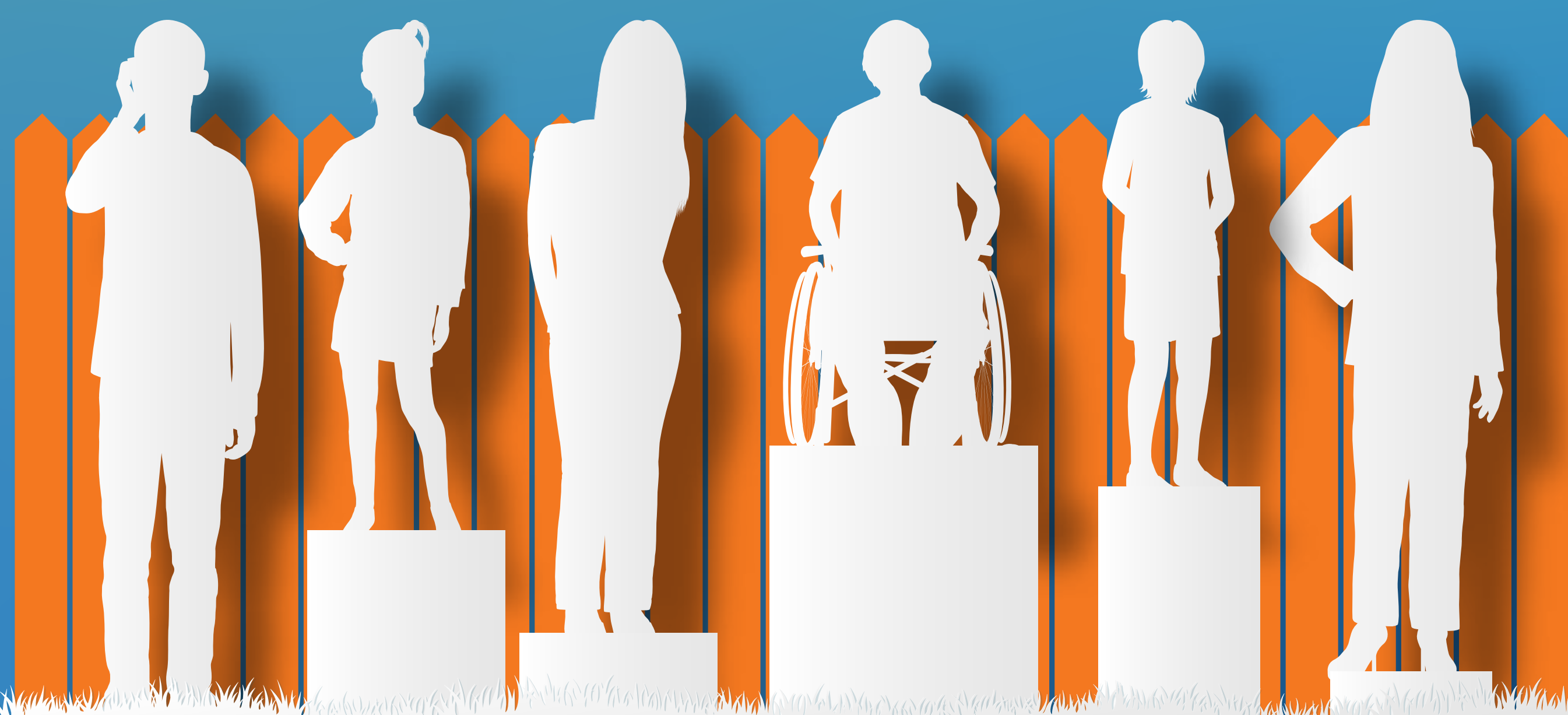
Health disparities are a measure of differences in health outcomes between populations. They affect groups of people who have faced barriers to health based on:



Taking steps to address social determinants of health and measuring health disparities are the keys to achieving health equity.

What Is Health Equity?

Health equity is leveling the playing field to remove health disparities so everyone has the opportunity to be as healthy as possible.



Addressing social determinants of health

Reduction in health disparities

Greater health equity

Encouraging Health Equity

Governments, communities and healthcare providers can all work toward greater health equity for all through:



Policy changes



Education on racism and bias



Increased investment in community health resources



Listening to women's lived experiences



Working on models of healthcare to encourage trust between providers and patients