

## Science, Innovation & Technology Summit Chronic Pain in Women: Focus on Treatment, Management and Barriers

Turf Valley Resort 2700 Turf Valley Rd Ellicott City, MD 21042

| Day 1: July 17, 2 | Day 1: July 17, 2019   |  |  |
|-------------------|--|--|--|
| 7:30-9:00 a.m.    | REGISTRATION & BREAKFAST   |  |  |
|                   | Waterford Lobby & Ballroom   |  |  |
| 9:00-9:15 a.m.    | Welcome Remarks  |  |  |
|                   | Elizabeth Battaglino, RN-C   |  |  |
|                   | CEO, HealthyWomen  |  |  |
| 9:15-9:45 a.m.    | Keynote Presentation   |  |  |
|                   | Anita Gupta, DO, PharmD, MPP   |  |  |
|                   | Professor, Rowan University School of Medicine & Senior Vice President, Heron Therapeutics |  |  |
|                   | Chronic Pain in Women: A Transformative Journey  |  |  |
| 9:45-10:15 a.m.   | Open Plenary   |  |  |
|                   | Jeffrey Mogil, PhD   |  |  |
|                   | Professor of Psychology, McGill University   |  |  |
|                   | Sex, Pain and Death  |  |  |
| 10:15–10:30 a.m.  | BREAK  |  |  |
| 10:30–12:00 p.m.  | Session 1: Research Advances and Innovations in Treatments                                 |  |  |
|                   | Roger Fillingim, PhD   |  |  |
|                   | Distinguished Professor, University of Florida   |  |  |
|                   | Clinical implications of individual differences in pain responses                          |  |  |
|                   | Gregory Dussor, PhD  |  |  |
|                   | Associate Professor, University of Texas   |  |  |
|                   | Molecular mechanisms of chronic pain   |  |  |
|                   | • <u>Srinivas Raja, MD</u>   |  |  |
|                   | Director of Pain Research, the Johns Hopkins Pain Treatment Center                         |  |  |
|                   | Unmet Needs and Emerging Drugs for Chronic Pain  |  |  |
|                   | • Julie Pilitsis, MD, PhD  |  |  |
|                   | Professor of Neurosurgery, Albany Medical School   |  |  |
|                   | Technological advances in chronic pain   |  |  |
| 12:00-1:00 p.m.   | LUNCH  |  |  |

| Day 1: July 17, 2019 |  |  |
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| 1:00-2:30 p.m.       | Session 2: Management and Prevention Strategies  |  |
|                      | Michael T. Smith, MA, PhD  |  |
|                      | Professor of Psychiatry and Behavioral Sciences, Johns Hopkins School of Medicine  |  |
|                      | Application of behavioral strategies and interventions for pain control  |  |
|                      | Marie Hoeger Bement, MPT, PhD  |  |
|                      | Associate Professor, Marquette University  |  |
|                      | Evidence based efficacy of non-invasive non-pharmacological approaches and their effectiveness in treating and managing chronic pain.  |  |
|                      | • Yvonne D'Arcy, MS, APRN-C, CNS, FAANP  |  |
|                      | Co-Chair of Pain Management Specialty Practice Group, American Association of Nurse Practitioners (AANP)   |  |
|                      | Importance of self-management in chronic pain  |  |
|                      | • <u>Lindsay Weitzel, PhD</u>  |  |
|                      | Migraine Strategist and Medical Writer   |  |
|                      | Role of a strategist to help patients to improve pain and overcome daily frustrations  |  |
| 2:30-2:40 p.m.       | BREAK  |  |
| 2:40-4:10 p.m.       | Session 3: Barriers and challenges in Pain Treatment and Management  |  |
|                      | Bob Twillman, PhD  |  |
|                      | Clinical Associate Professor of Psychiatry, University of Kansas Medical Center  |  |
|                      | Barriers to Providing Integrative Pain Care  |  |
|                      | Mary Driscoll, PhD   |  |
|                      | Associate Research Scientist, Yale School of Medicine  |  |
|                      | Discuss challenges to pain treatment unique to women   |  |
|                      | Shruti Kulkarni, JD  |  |
|                      | Attorney, DCBA Law & Policy and Board of Directors, Female Opioid Research and Clinical Experts (FORCE)  |  |
|                      | Challenges that pregnant women face with opioids   |  |
|                      | Jamie M. Sanders      Jamie M. Sanders |  |
|                      | Migraine Advocacy Patient Coordinator, GHLF/50-State Network   |  |
|                      | Patient Advocate/Blogger, The Migraine Diva  |  |
|                      | Overcoming Healthcare Challenges-Maneuvering through communication, access and cost barriers while dealing with a chronic pain   |  |
| 4.10 4.20 n m        | condition  |  |
| 4:10-4:20 p.m.       | Updates from the Offices of Women's Health   |  |
| 4:20-5:20 p.m.       |  |  |
|                      | <ul> <li><u>Kaveeta Vasisht, MD, PharmD</u></li> <li>Acting Associate Commissioner, Office of Women's Health, Food &amp; Drug Administration (FDA)</li> </ul>  |  |
|                      | A Look at Pain, Opioids, and the Influences of Sex and Gender  |  |
|                      |  |  |
|                      | David Thomas, PhD     Special Advisor to the Director, Office of Research on Women's Health (ORWH), National Institutes of Health (NIH)  |  |
|                      | NIH Pain Research in the HEAL Era: Enhancing Impact by Considering Sex as a Biological Variable.   |  |
|                      | Will rull hesearch in the meat era. Enhancing impact by considering sex as a biological variable.  |  |

| Day 1: July 17, 2019 |   |
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| 5:30-6:00 p.m.       | NETWORKING RECEPTION  |
| 6:00-6:40 p.m.       | DINNER & SPECIAL PROGRAM  |
|                      | "Finding Your Voice"  |
|                      | Penney Cowan  |
|                      | Founder & CEO, American Chronic Pain Association                    |
|                      | Jenni Grover  |
|                      | Founder & Author, ChronicBabe                                       |
|                      | John Garrett & Cynthia Toussaint                                    |
|                      | Co-founder, For Grace   |
|                      | Shoshana Lipson-de Marigny  |
|                      | Founder of Migraine Facebook support groups and migrainemeanderings |

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| Day 2: July 18, 2019 |   |  |
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| 8:00–9:00 a.m.       | BREAKFAST   |  |
|                      | Waterford Ballroom  |  |
| 9:00-9:15 a.m.       | Opening Remarks   |  |
| 9:15-9:45 a.m.       | Keynote Presentation  |  |
|                      | Diane E. Hoffmann, JD   |  |
|                      | Professor of Health Care Law, University of Maryland  |  |
|                      | Bias against women in the treatment of pain   |  |
| 9:45-10:15 a.m.      | Open Plenary  |  |
|                      | Carmen Green, MD  |  |
|                      | Professor, Anesthesiology, OB-GYN & Health Management and Policy University of Michigan                             |  |
|                      | Racial and ethnic disparities, lived pain experiences, stigma   |  |
| 10:15–10:30 a.m.     | BREAK   |  |
| 10:30-12:00 p.m.     | Breakout Sessions   |  |
| 12:00-1:00 p.m.      | LUNCH   |  |
| 1:00-2:30 p.m.       | Session 4: Efforts to Address Barriers in Chronic Pain Treatment  |  |
|                      | Cynthia Toussaint   |  |
|                      | Co-founder, For Grace   |  |
|                      | Implementing the National Pain strategy at the state level to improve education about and treatment of chronic pain |  |
|                      | Kim Templeton, MD   |  |
|                      | Board of Directors, American Medical Women's Association (AMWA)   |  |
|                      | Opioid Addiction in Women: Short- and long-term implications  |  |

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|                      | Elizabeth Ann Stringer, PhD  |  |
|                      | Chief Science and Clinical Officer, Axial Healthcare   |  |
|                      | Breakthrough solutions for pain and opioid Care  |  |
|                      | • Peter Pitts  |  |
|                      | President, Center for Medicine in the Public Interest  |  |
|                      | The Patient voice in pain and development of pain therapeutics   |  |
| 2:30-2:45 p.m.       | BREAK  |  |
| 2:45-3:45 p.m.       | Building a Roadmap to best practices for chronic pain treatment and management   |  |
| 3:45-4:30 p.m.       | Session 5: Bring about Change through Policy   |  |
|                      | Alicia Richmond Scott, MSW   |  |
|                      | Designated Federal Officer, Pain Management Best Practices Inter-Agency Task Force, Office of the Assistant Secretary for Health, Health |  |
|                      | & Human Services (HHS)   |  |
|                      | Ellen Blackwell, MSW   |  |
|                      | Senior Advisor, Center for Clinical Standards and Quality, Centers for Medicare & Medicaid Services (CMS)                                |  |
|                      | Cindy Steinberg  |  |
|                      | National Director, Policy & Advocacy, U.S. Pain Foundation   |  |
| 4:30-4:55 p.m.       | Closing Plenary  |  |
|                      | Kate Nicholson   |  |
|                      | Civil rights, Speaker and Writer   |  |
|                      | Pain, resilience, and how we heal  |  |
| 4:55-5:00 p.m.       | Closing remarks and Adjourn  |  |