



An evening with
healthywomen

A SPOTLIGHT ON MENOPAUSE

National Museum of Women in the Arts
1250 New York Ave. NW, Washington, D.C.

Tuesday, April 21, 2026

6:00-8:30 p.m. ET



Event Agenda

6:00-6:45 p.m. | Check-in and Reception

6:45-7:45 p.m. | Speakers and Panel Discussion

7:45-8:30 p.m. | Networking Continued

Welcome and Opening Remarks



Beth Battaglino, RN-C

Chief Executive Officer, HealthyWomen



Tom Conti

Men's Health Network

Representative and Chief

Executive Officer, SweetScience

Moderator



Galina Espinoza

Health Journalist and Editor

Panelists



Sharon Malone, M.D.

Board-Certified OB-GYN and
Certified Menopause Practitioner



Nieca Goldberg, M.D., FACC

Cardiologist, Associate Clinical
Professor of Medicine, NYU
Grossman School of Medicine



Rachel Rubin, M.D.

Sexual Medicine Specialist and
Menopause Expert



Sadhvi Siddhali Shree

Filmmaker, *BALANCE: A
Perimenopause Journey*



Sadhvi Anubhuti

Filmmaker, *BALANCE: A
Perimenopause Journey*

Phyllis Greenberger Award

The Phyllis Greenberger Award is presented to visionaries and veterans of women's health — those who have dedicated their careers to advancing health care, research and innovation for the betterment of women's health and who have paved the way for future generations.



Presenter: Phyllis Greenberger, MSW
Senior Policy Advisor, HealthyWomen

2026 Recipient



Lisa Mosconi, Ph.D.
Neuroscientist and Leading Voice in
Women's Brain Health

Closing Remarks



Sheila Carnicelli
Board of Directors Chair, HealthyWomen

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Silver Level



Bronze Level



Champion Level



Ally Level



Nieca Goldberg, MD, FACC



Sheila Carnicelli

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