



healthywomen

**35+ Years of Educating, Engaging and Inspiring
Women to Make Informed Health Decisions**

ANNUAL REPORT 2023

Letter From the CEO

Dear Friends of HealthyWomen,

Throughout the year, we worked tirelessly to remain a trusted source for midlife women to find the most reliable, vetted, up-to-date information about the health concerns affecting us most.

We didn't just write a quick article on these conditions and move on. We dug in, as we always do. In fact, in 2023, we created well over 400 pieces of original content from articles and infographics to comic books and videos and more.

We also did a lot of talking! We launched a new monthly column, [Tech Talk](#) with Brittany Barreto, Ph.D., a mover and shaker in femtech, aligning and growing our presence in science and innovation. We produced our second season of "Women Talk" and hosted Congressional briefings, webinars and roundtable discussions to keep our readers abreast of current events, research and legislation affecting women's health.

But 2023 was not just about the shiny and new. We continued our sex column, [Good Sex with Emily Jamea](#), our op-eds for the Hill by our senior policy advisor Martha Nolan, J.D. and our tried-and-true [Real Women, Real Stories](#), sharing journeys, through symptoms, diagnosis and living with conditions and diseases.

And I personally had plenty of "pinch me" moments in 2023, most notably by having the great honor of interviewing the chief executive officer and chief scientific officer of Pfizer for its Patients in Focus fireside chat, speaking at the United Nations Foundation's Shot@Life Mobilize to Immunize briefing and participating in panel discussions at the Milken Institute Future of Health Summit, Ad Week and SXSW with the Susan G. Komen CEO.

As evidenced above and in the following annual report, we do a lot at HealthyWomen to serve our audience. But we definitely don't do it alone. None of this work would have been possible without your support and that of our loyal funders and partners.

Thank you for the role each of you played this past year.

In good health,

A handwritten signature in black ink that reads "Beth". The signature is written in a cursive, flowing style.

RN-C, CEO of HealthyWomen



“This past year — our 35th! — was another time of impact and growth for HealthyWomen. And while we may not have gotten as much attention as Barbie (I mean, who did?), we also showcased what it means to be a woman* — essential, routine HCP visits and all — and were thrilled to make considerable strides for championing women and women’s health.”

**—Elizabeth Battagino, RN-C,
HealthyWomen CEO**

**HealthyWomen believes in inclusivity. We use the words “woman” and “women” to refer to cis women, people with female biology and anyone who identifies as a woman. We recognize that gender is nuanced and are actively exploring ways to fully and authentically reflect everyone’s experiences.*

Areas of Focus

EDUCATION

We provide scientifically reviewed, evidence-based information that educates women on health topics so they are enabled to take a proactive role in their health.

SCIENCE & INNOVATION

We convene information sharing that aims to advance and elevate conversations around unmet needs in women's health — and inform our areas of focus.

POLICY

We support and promote policy issues that are of importance to women's health with a focus on access, affordability, safety, and the inclusion of women in science and research.

Radiofrequency Ablation (RFA) Is a Treatment Option for Fibroids

Most women with fibroids don't need treatment. However, for those that do, RFA is an option.



Is It Time for a Sleep Divorce? To Sleep or Not to Sleep Together

How some couples are rethinking healthy sleep — and healthy relationships — by getting a sleep divorce.



Covid and Obesity: How to Reduce Risk Factors

The worst of the pandemic is over, but obesity remains a Covid risk factor



11 Things You Can Do to Reduce the Risk of Spreading C. Diff

How to stay safe and reduce the risk of C. diff infection



“Are You Ready To Reclaim Your Wellness?”



healthywomen



NEW EPISODE!

CLINICAL TRIALS 101

BROUGHT TO YOU BY healthywomen

THEGREATGIRLFRIENDS.COM

Spotify iTunes Google Play

How to Stay Cool About Hot Button Issues at Holiday Parties

Here's what to say and do when your Aunt Bertha is mouthing off during the holidays



What You Need to Know About Ovarian Cancer

Ovarian cancer is a silent killer. Here's what you need to know about ovarian cancer and how it's diagnosed.



Living with Obesity?

Quick tips for how to navigate health insurance coverage for obesity care



9 Ways Menopause Can Give Your Sex Drive a Boost

The big change can be a big plus in the bedroom



What Sets Us Apart

TRUSTED & TIMELY

Our content is written by a network of professional journalists and health educators and medically reviewed for accuracy.

We utilize evaluations, robust reporting and outcome metrics to inform programs to meet real-time, real-audience needs.

CREDIBLE & INCLUSIVE

Our content is representative of diverse communities and developed in partnership with renowned experts.

We amplify women's voices through our Real Women, Real Stories.

LEGACY & LEADERSHIP

We have been the nation's leading, independent nonprofit health information resource for women for more than 35 years.

We are run *by women for women*.

Women Who Have Never Smoked Can Get Lung Cancer

Learn the risk factors, symptoms and causes of lung cancer in non-smokers



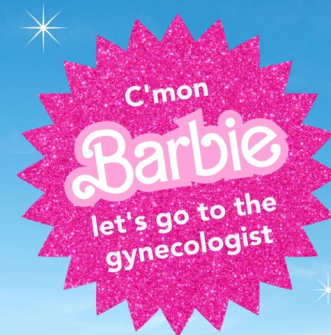
Tips for Traveling While Being Treated for Urothelial Bladder Cancer

For many people, traveling is an important part of life. You may need to travel for business, for medical treatment or simply for the pleasure of it. Whatever the reason, don't let treatment for urothelial bladder cancer (UBC) keep you from packing your bags.



Meg Gets a Colonoscopy

Colorectal screening saves lives



NEW EPISODE!

CHOOSING CONTRACEPTIVES WITH DR. ALLISON-OTTEY

THEGREATGIRLFRIENDS.COM



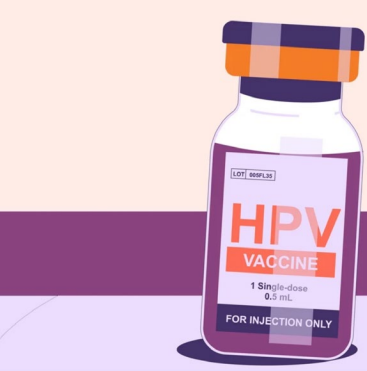
It's (Exercise) Snack Time!

Quick bursts of physical activity throughout the day can be just as good for your health as longer workouts



10 Ways to Treat SAD

The change in daylight hours can leave people feeling depressed. For some, it could be more than just unhappiness — it could be seasonal affective disorder.



How to Switch to Estrogen-Free Birth Control Pills

Interested in making the switch to estrogen-free birth control? Here's what you need to know.



15 Minutes With Jennifer Ashton, M.D.

The Importance of Self-Care and Protecting Your Mental Health



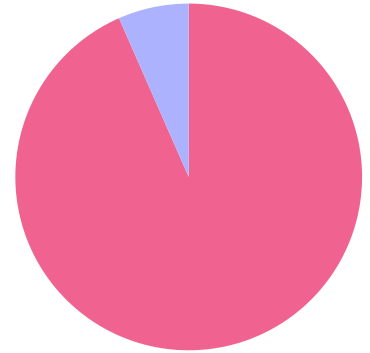
"It's not possible to just check off one box and instantly be cured. We need to address both the root cause of a person's anxiety and depression and examine different treatment options."



Audience Engagement

2023 Metrics

New Users **93.4%** ●
Returning Users **6.6%** ●



5.8MM



Page views in 2023



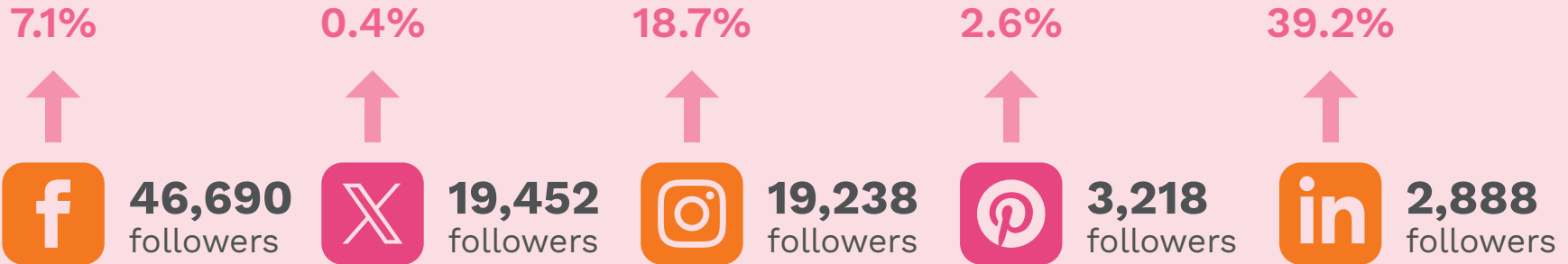
00:39

Average time
per session

***Traffic was down
due to two Google
algorithm updates in
2023 but engagement
rates increased with
industry standard time
spent on page.**

Audience Growth

From 2022 to 2023



of overall impressions

11,608,098

Average engagement rate

4.3%

Compared to the average benchmark engagement rate of 1%-2%

Grew our TikTok channel, reaching a wider audience



Audience grew by 73%
114% increase in impressions
249% increase in engagement

A Trusted Source

More than 24 million media impressions in 2023, including top newspapers, podcasts, magazines and radio programs, and media partnerships with Healio, Giddy, Prevention Magazine, The Women's Alzheimer's Movement and Florida-based radio program, All About Women.

More than 23 million print circulation and
more than 86 million in online viewership

The logo for Giddy, featuring the word "Giddy" in a dark blue, serif font.The logo for WENG radio station. It includes the call letters "WENG" in large red letters, with "The Information Station" below it. Above the call letters, it says "A Florida Broadcasting Station". To the left of the call letters, it lists frequencies: "98.1 FM", "107.5 FM", and "1530 AM". At the bottom, it says "FOX and Florida News Network Affiliate".The logo for Healio, featuring the word "Healio" in green, with a blue and green starburst graphic to the right.The logo for USA TODAY, featuring a blue circle to the left of the words "USA" and "TODAY" in bold, black, sans-serif font.The logo for Healthy Women & Prevention. It features a colorful geometric design on the left with the text "THE YEAR OF MAKING NOISE". To the right, it says "healthywomen & Prevention" in orange and blue, with "PRESENT" below it. At the bottom, it says "Menopause in the Workplace" in large white letters, and "WEBINAR" in a white box at the very bottom.The logo for FPH (Future of Personal Health). It features the letters "FPH" in large red letters on a yellow background. To the right is a large red cross. Above the cross, it says "metaplanet" and "women". At the top, it says "FUTUREOFPERSONALHEALTH.COM".

Advancing the Conversation

*We couldn't possibly fit all of our amazing 2023 programs and partners, so we selected a few that highlight our diverse offerings and capabilities.

Select 2023 Programs



Your Comprehensive Guide to Breast Cancer

Millions of women from diverse communities live with breast cancer, the most common form of cancer affecting women, other than skin cancers. Our [comprehensive coverage](#) aims to provide a wide variety of resources from stories of [real women living with breast cancer](#) to [understanding your family history](#), [what to do if diagnosed with metastatic breast cancer](#), [quizzes](#) and more.



The Importance of Clinical Trials

For far too long, medical research used white, male bodies — almost exclusively — as the default study subject. As a result, and to this day, women remain underrepresented, which makes women's participation in clinical trials critical. But knowing which study to join, when, why and what risks to consider can be daunting, [especially if you're immunocompromised](#). With [articles](#), [podcasts](#) and other resources, [we're telling women what they need to know](#) in order to make informed decisions about joining clinical trials.

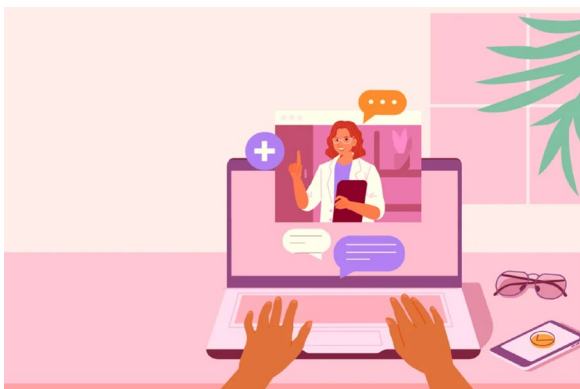
Advancing the Conversation

Select 2023 Programs



No Butts About It

It may not exactly be dinner table conversation, but a healthy colon is critical — and we should talk about it more. Because, as it turns out, colon cancer is the [fourth leading cause of cancer-related deaths](#) among American women. Our “[No Butts About It](#)” campaign, which won a [2023 Anthem Awards Community Voice prize](#), highlighted these risks as well as the importance of proper screening. With an engaging, easy to follow comic strip outlining the screening steps, first-person stories and explanatory articles, we’ve given readers critical guidance for managing their risks and maintaining their health.



Change Can Be Good

... when you know how to manage it and, especially, when you don’t have to do it alone. Enter HealthyWomen, where [keeping women well-informed about menopause](#) and aging well is fundamental to what we do. So, we continue working hard to create content they need. From explaining how readers can use [telehealth to receive care from trained specialists](#) or tech to alleviate painful genitourinary syndrome of menopause (GSM) to how to improve their [post-menopausal sex life](#) or the issue of [health equity and menopause](#), we are constantly updating our resources to help readers navigate their symptoms and not feel so alone along the way.

Teamwork Makes the Dream Work

**HealthyWomen + Key Partners = Expanding our
“collective” reach and audience.**



SHE Media

We partnered with [SHE Media's Flow Collective](#), which is a cohort of more than 120 sites that serves primarily female creators and publishers and reaches 74 million unique visitors monthly across its network. This relationship enables us to work together to best meet women where they are and help them age smart and age well.

Trusted Partner in Health and Wellness Education

We are a trusted and credible voice in the women's health sphere, providing fact-based information to women through educational programs, some of which are created with the support of industry partners.

Throughout 2023, our multifaceted awareness campaigns and educational health and wellness programs focused on a number of areas that are relevant to women's health, including clinical trials, telehealth, oncology, menopause and more.

125%

Increase in diversification of revenue sources

*Contributions & event revenue

31

Total number of funded grants/sponsorships

*Does not include event or Corporate Advisory Council sponsorships



Total amount secured through funded grants/sponsorships

\$3,532,000

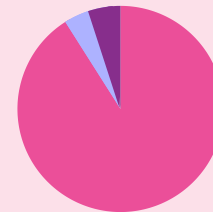
Financials

As part of our commitment to transparency, we're sharing these numbers below. Our funding supports our mission of educating women through high-quality programs to help them in their health journeys.

2023 TOTAL SUPPORT

\$3,532,000

*This figure represents an unaudited amount.



- **83%** Educational programs
- **12%** Contributions
- **5%** Events

HealthyWomen's Health Trust

A special thank you to our generous, loyal and steadfast supporters.

LIST OF 2023 FUNDERS

AdvaMed

Amgen

Astellas Pharma US, Inc.

AstraZeneca Pharmaceuticals LP

Bristol Myers Squibb

Daiichi-Sankyo, Inc.

Eisai

Eli Lilly and Company

Exeltis

Ferring Pharmaceuticals

Hologic, Inc.

Intuitive

Jazz Pharmaceuticals

L'Oreal

McCabe

Merck & Co., Inc.

Myovant Sciences/Sumitomo Pharma

Novartis

Novavax

Novocure

Novo Nordisk

Ogilvy

Pfizer Inc.

Pharmaceutical Research and
Manufacturers of America (PhRMA)

Porter Novelli

Seagen

Seres Therapeutics, Inc.

Sandoz

Viatrix

CORPORATE ADVISORY COUNCIL

HealthyWomen is proud to convene some of the most influential healthcare companies, key allies and national organizations around our active Corporate Advisory Council table. It is through these valuable partnerships and enriching conversations that HealthyWomen can create and broadly disseminate timely health resources to millions of women and their families. Meet our 2023 members:

AANP

Amgen

Astellas Pharma US, Inc.

Biotechnology Innovation Organization (BIO)

Bristol Myers Squibb

Eli Lilly and Company

Exelixis

Glaukos

Hologic, Inc.

Horizon

Idorsia

Novartis

Novavax

Novo Nordisk

Organon

Pfizer Inc.

Pharmaceutical Research and Manufacturers of America (PhRMA)

Sandoz

Sumitomo Pharma

Viatis

WOMEN'S HEALTH ADVISORY COUNCIL (NEW MEMBERS)

Our Women's Health Advisory Council includes a network of medical experts and health professionals who specialize in a range of health conditions pertinent to the women we serve. This group of doctors and specialists lend their expertise to inform our content and medically review our resources for accuracy. Meet our 2023 members::

Lakshi Aldredge, MSN, ANP-BC,DCNO

Dermatology Nurse Practitioner

Nicole Christian-Brathwaite, MD

Head of Medical and Clinical Strategy, Headway

Angela DeRosa, DO, MBA, CPE

Founder, CEO Hormonal Health Institute

Shikha Jain, MD, FACP

Hematology and Oncology

Monica Mallampalli, PhD, MSc

Founder and President of Institute of Women's Health Strategies

Tesia McKenzie, MD

Breast Surgeon

Blair C. McNamara, MD

Obstetrics and Gynecologist

Allison Quick, MD

Radiation Oncology

WOMEN'S HEALTH ADVISORY COUNCIL (CONTINUING MEMBERS)

DaCarla Albright, MD

Obstetrics & Gynecology
OB-GYN & Associate Professor, University of Pennsylvania

Ivy M. Alexander, PhD, APRN, ANP-BC, FAANP, FAAN

Adult-Gerontological Primary Care
Professor, University of Connecticut

Sharon Allison-Ottery, MD

Internal Medicine
CEO, CARLDEN and Beautiful Woman Inside and Out

Heather Bartos, MD, OB-GYN

Obstetrics & Gynecology, Sexual Health
OB-GYN & Founder, Badass Woman

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP

Obstetrics & Gynecology
Nurse Practitioner, Michigan Healthcare Professionals

Seema Bonney, MD

Prevention & Wellness
Founder and Medical Director, Anti-Aging & Longevity Center of Philadelphia

Emily A. Callahan, MPH, RDN

Nutrition
Owner and Founder, EAC Health and Nutrition, LLC

Christina Y. Chen, MD

Internal Medicine & Geriatric Medicine
Assistant Professor of Medicine, Consultant at Mayo Clinic

Linda D. Dahl, MD

Otolaryngologist, Voice Doctor, Breastfeeding Specialist
Lenox Hill Hospital, Manhattan Eye, Ear and Throat Hospital, Weill Cornell Hospital

Barbara Dehn, RN, MS, NP, FAANP, NCMP

Women's Health & Menopause
Nurse Practitioner, OB-GYN, El Camino Women's Medical Group

Barb DePree, MD, NCMP, MMM

Menopause & Sexual Health
Director, The Women's Midlife Services, Holland Hospital

Gayatri Devi, MD, MS, FAAN, FACP

Neurology, Cognition in Menopause
Park Avenue Neurology
Clinical Professor of Neurology, Downstate Medical Center; Lenox Hill Hospital/ Northwell Health

Kathleen Dudley, CRNP-PC, IBCLC

Pediatric Nurse Practitioner
International Board-Certified Lactation Consultant
Clinical Instructor

Cindy M.P. Duke, MD, PhD, FACOG

Obstetrics & Gynecology, Reproductive Endocrinology & Infertility, Telemedicine, Virology
Clinical Assistant Professor, University of Nevada
Founder, Nevada Fertility Institute

Daihnia Dunkley, PhD, RN

Obstetrics & Black/Minority Maternal Health Disparities
Lecturer, Yale School of Nursing

Marissa D. Epstein, RDN, MBA

Nutrition
Director, The University of Texas Nutrition Institute

Robyn B. Faye, MD, FACOG, NCMP, IF, CSC

Obstetrics & Gynecology, Sexual Health & Pelvic Health
Abington Health Physicians

Rena Ferguson, MD, PC

Psychiatry & Neuromodulation
Adjunct Professor, Stony Brook University

Deborah I. Friedman, MD, MPH, FAAN

Neurology, Neurotherapeutics, Ophthalmology
Professor, University of Texas Southwestern Medical Center

Debra Furr-Holden, PhD

Public Health/Epidemiology
Associate Dean for Public Health Integration, Michigan State University College of Human Medicine

Patricia Geraghty, MSN, FNP-BC, WHNP

Nurse Practitioner, Women's Health
Medical Director, Each Woman's Health

Nieca Goldberg, MD

Cardiology

Medical Director, Atria New York City
Clinical Associate Professor, Grossman NYU
School of Medicine

Anita Gupta, DO, PharmD, MPP

Anesthesiology & Critical Care

Johns Hopkins School of Medicine

Heather Hirsch, MD, MS, NCMP

Internal Medicine

Menopause & Midlife Clinic, Brigham and
Women's Hospital

Cheryl B. Iglesia, MD, FACOG

Gynecology

Director, Section of Female Pelvic Medicine
and Reconstructive Surgery, MedStar
Washington Hospital Center
Professor, Departments of OB-GYN &
Urology, Georgetown University School of
Medicine

Saundra Jain, MA, PsyD, LPC

Psychology, Mental Health

Adjunct Clinical Affiliate, The University of
Texas at Austin

Emily Jamea, PhD, LMFT, LPC, AASECT

Sexual Health & Relationships

Certified Sex Therapist, REVIVE Therapy
and Healing

Laurie S. Jeffers, DNP, FNP-BC

Women's Health & Menopause

Clinical Assistant Professor, Rory Meyers
College of Nursing at New York University

Sheryl Kingsberg, PhD

Psychology

Professor, Reproductive Biology and
Psychiatry, Case Western Reserve University
Chief of Division of Behavioral Medicine,
MacDonald Women's Hospital/University
Hospitals, Cleveland Medical Center

Joyce Knestrick, PhD, FNP-BC, FAANP

Family Medicine

Associate Professor, Georgetown University
School of Nursing and Health Studies

Rashmi Kudesia, MD, MSc, FACOG

*Obstetrics & Gynecology, Reproductive
Endocrinology & Infertility*

Site Director, CCRM Fertility Houston —
Sugar Land
Director of Patient Education & Assistant
Clinical Professor of Obstetrics &
Gynecology, Houston Methodist Hospital

Lisa Larkin, MD, FACP, NCMP, IF

*Internal Medicine, Women's Health &
Menopause*

Founder and CEO, Ms. Medicine

Ayanna E. Lewis, MD

*Gastroenterology, Hepatology, Inflammatory
Bowel Disease*

Mount Sinai South Nassau

Allison E. Lied, MD

Plastic Surgery

Holzapfel and Lied Plastic Surgery

Elizabeth A. Liotta, MD

Dermatology

Forefront Dermatology

Holly F. Lofton, MD

Obesity Medicine

Director, Medical Weight Management
Program, NYU Langone School of Medicine

Monica Mallampalli, PhD

Women's Health

Founder and President, Institute for
Women's Health Strategies
CEO, Alliance of Sleep Apnea Partners

Jessica Matthews, DBH, MS, NBC-HWC

Behavioral Medicine, Integrative Health

Director, Master of Kinesiology in Integrative
Wellness, Point Loma Nazarene University
Director, Integrative Health Coaching in the
Centers for Integrative Health, UC San Diego

Mary Jane Minkin, MD

Obstetrics & Gynecology, Menopause

Clinical Professor, Yale University School of
Medicine

**Shawana S. Moore, DNP, MSN, CRNP,
WHNP-BC**

Women's Health

Associate Professor & Director of Doctor
of Nursing Practice Program, Nell Hodgson
Woodruff School of Nursing, Emory
University

**Maureen A. Moriarty, DNP, ANP-BC, FAHS,
FAANP**

Headache Medicine

Nurse Practitioner, Moriarty Associates: A
Comprehensive Headache Center
Associate Professor, Marymount University,
Malek School of Nursing Professions

Melissa Nassaney, DPT, PT, MS

Pelvic Health

Physical Therapist, Full Circle Pelvic Health

Connie B. Newman, MD, FACP, FAHA,

FAMWA

Endocrinology

Adjunct Professor of Medicine, NYU Langone School of Medicine

Roshani Patel, M.D., FACS

Breast Surgical Oncologist

Medical Director, Breast Surgery
Hackensack Meridian Jersey Shore University Medical Center

Smita Patel, DO

Sleep Medicine

Director, Center for Brain Health,
Northshore University Health System
Founder, iNeuro Institute

Jennifer L. Payne, MD

Psychiatry, Mood Disorders

Professor & Vice Chair of Research,
Psychiatry Department, University of Virginia

JoAnn V. Pinkerton, MD

Obstetrics & Gynecology

Medical Director, Midlife Health Center
Professor, University of Virginia

Alisha Reed, PharmD, MBA

Pharmacist

Founder, FLY with Alisha Reed

Tomeka Roberts, MD

Obstetrics & Gynecology

Ascension St. Vincent's

Lauri Romanzi, MD, MScPH, FACOG, FURPS

Urogynecology

EngenderHealth

Sabrina Sahni, MD, NCMP

*Menopause & Women's Health, Obstetrics
and Gynecology & Reproductive Biology*

Clinical Assistant Professor, Cleveland Clinic
Lerner College of Medicine

Puja Shah, MD

Anesthesiology, Pain Management, Wellness

DISC Sports & Spine Center
Chief Physician of Pain Management, VA
Long Beach Healthcare System

Jessica Shepherd, MD, MBA, FACOG

*Minimally Invasive Gynecology/Menopause/
Sexual Dysfunction*

Baylor University Medical Center
Founder, Her Viewpoint

Rashmi B. Halker Singh, MD, FAHS, FAAN

Neurology, Headache Medicine

Associate Professor of Neurology &
Headache Medicine Fellowship Program
Director, Mayo Clinic Arizona
Co-Director, Mayo Clinic Headache
Symposium

Isabel Smith, MS, RD, CDN

Nutrition

Registered Dietitian, Isabel Smith Nutrition,
Inc.

Alexandra Sowa, MD, MA

Metabolic Health

Clinical Instructor of Medicine, NYU Langone
Founder, SoWell Health

Susan Kellogg Spadt, PhD, CRNP, IF, CST

Pelvic Pain, Sexual Dysfunction

Professor of OB-GYN, Drexel University
College of Medicine
Professor, Human Sexuality, Widener
University
Assistant Professor, Rutgers Robert Wood
Johnson Medical School

Rachel Sufczynski, MSES, CEP

*Exercise, Nutrition, Self-Care Behaviors &
Behavior Change*

Clinical Exercise Physiologist, Anthem, Inc.

Kim Templeton, MD

Orthopedic Oncology

Professor of Orthopedic Surgery, University
of Kansas, American Medical Women's
Association

Deborah Winters, LCSW

Mental Health, Sleep, Parenting, ADHD

Parent Educator and Therapist

Sophia Yen, MD, MPH

Reproductive Health

Clinical Associate Professor of Pediatrics,
Stanford Medical School
CEO and Co-Founder, Pandia Health

Kristen A. Zarfes, MD, FACS

Breast Health

Breast Surgeon & Medical Director, Karl C.
Krapek Comprehensive Women's Health
Center at St. Francis Hospital
Clinical Associate Professor of Surgery,
University of Connecticut School of
Medicine

Board of Directors

2023 EXECUTIVE COMMITTEE

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Julia M. Amadio, Chair

VICE CHAIR

Sheila Carnicelli

TREASURER

Sarah Butler, Treasurer
Chief Commercial Officer
ADVI Health

SECRETARY

Michael Capaldi
Senior Advisor
Penn Quarter Partners

IMMEDIATE PAST CHAIR

Christine Verini, RPh
CEO, CancerCare

MEMBERS AT LARGE

Jarrad Aguirre, MD, MBA*

Co-Founder & CEO
Miga Health
*Left the Board in June 2023

Amber Bynum

Senior Director
Walmart Health Services

Kristin Cahill

CEO
GCI Health

Heather Connor

Global Head of Communications
Healthcare, Merck KGaA
Darmstadt, Germany

Hayley Ellington-Buckles

Chief Compliance Officer
Versant Health

Nancy Glick

Director of Food & Nutrition
Policy
NCL

Nieca Goldberg, MD

Medical Director & Cardiologist
Atria

Marsha B. Henderson, MCRP

Former Associate Commissioner
for Women's Health
U.S. Food and Drug
Administration

Brian O'Connor

Chief People Officer &
Chief of Staff
AdvaMed

Elisabeth Ritz

Founder & President
Ritz Communications

Synim N. Rivers, MPH, CHES

Senior Director, Research &
Development Communications,
Corporate Affairs
Amgen Inc.

Tomeka Roberts, MD

OB-GYN
Ascension St. Vincent's
Birmingham

Lynn A. Taylor

Global Corporate Affairs
Executive

Kalahn Taylor-Clark, PhD

Tamar R. Thompson, 2023

Director Emeritus
Head of Corporate Affairs
Alexion Pharmaceuticals

2023 BOARD COMMITTEES

Nominating Committee

Elisabeth Ritz (Committee Chair)
Kristin Cahill
Nancy Glick
Nieca Goldberg, MD

Audit and Financial Policies

Committee
Christine Verini, RPh (Chair)
Sarah Butler (Treasurer)
Amber Bynum
Brian O'Connor
Tamar Thompson

Governance Policies Committee

Synim N. Rivers, MPH (Committee
Chair)
Heather Connor
Hayley Ellington-Buckles
Marsha Henderson, MCRP
Tomeka Roberts, MD
Kalahn Taylor-Clark, PhD



healthywomen

www.healthywomen.org